

## How to make a neck support

Step 1: Take the measurement from 2 inches below the left collar bone, bring tape around the neck to 2 inches below the right collar bone.

Step 2: Now measure the depth needed by measuring from collar bone to the tip under the chin when head is held straight.

The most suitable has been found to be a leg of tights for 10 year olds and the length to be cut should be as per Step 1. Double stitch one end tightly, then use the bean bag filler we have sent, until the diameter is the measurement in Step 2. Tightly stitch up the ends.



Step 3: Take a turkey towel, the length should be several inches longer than the filled bag.

Make a sleeve. Put in the filled bag. If there is a problem of drooling, first wrap the filled bag in a plastic layer.

Now the entire collar is ready. The only other thing you need is a cord to tie the ends together once this is put around his neck and adjusted.

Put the collar around his neck so that both the ends meet at his chest. Tie with the cord just in front of the chin so that his head is straight and his chin is well supported.