



Cloth!

Benefits

Cloth provides a safe and enjoyable way of introducing children to a variety of tactile experiences.

Wrapped around the body, cloth gives good proprioceptive input.

Varied tactile experiences can be easily provided

Cloth is an easily available versatile resource that can provide

Materials

1. Cloth of different texture and length

Preparation

1. Collect lengths of material that are left over in tailoring, old saris, dupattas and so on.
2. Hem the edges and it is ready for use!.

Activities

- Cloth can be used in dress up games as a cape, a sari, a turban
- Wrap the cloth around a body part of even the whole body for proprioceptive input and calming.
- Create games of matching, identifying or describing textures
- Children can walk or crawl over the cloth to experience the textures on their body